



DAYS OF ACTION

SUMMER 2020

Day of Action is United Way's largest volunteer initiative, in which volunteers worldwide work to improve lives and conditions in communities. Starting **June 19th**, volunteers are needed to help paint, landscape, and complete minor repairs on homes, public spaces, and small businesses in the downtown **Coleraine** neighborhood along Roosevelt Avenue.

TAKE ACTION

With a variety of projects, we have a great need for volunteers with different types of skills. Join as an individual or as a team with family, friends, or co-workers.

- **Provide Essentials:** Start a **Heath & Hygiene Drive** at your church, organization, civic group, or business. Sponsor a care package online or drop off much-needed items including soap, FULL-SIZE toothpaste, shampoo, deodorant, laundry detergent, cleaning supplies, gas cards, etc. To learn more about accepted items, collection sites, and no-contact drop off, visit uwlakes.org or call 218-999-7570.
- **Donate Blood:** In partnership with **Memorial Blood Centers**, Day of Action activities will include blood drives from 10 a.m. to 3 p.m. on June 18 at the IRA Civic Center (**Grand Rapids**) and from 9 a.m. to 3 p.m. on June 19 at the Nyberg Community Center (**Coleraine**). Visit uwlakes.org to sign up.
- **Volunteer:** Assemble your co-workers, church group, or family members and volunteer to complete hands-on projects. Participants receive a volunteer T-shirt, light snacks, and protective equipment. Visit volunteer.uwlakes.org to browse opportunities, including **virtual and in-person projects**, and register.
- **Help Identify Projects:** If you or someone you know would benefit from this type of support, submit a project request online at uwlakes.org, or call 218-99-7570.

For more information about United Way and volunteer opportunities, visit volunteer.uwlakes.org or call 218-999-7570.

GIVE. ADVOCATE. VOLUNTEER.



Essentia Health

